

**CALENDAR ANNOUNCEMENT SENT:** 17 October 2021

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**STATE PARK TO OFFER GUIDED NATURE PROGRAMS IN NOVEMBER 2021**

*-Lovers Key State Park to host wildlife programs and recreational activities-*

**FORT MYERS BEACH** – The Florida Department of Environmental Protection’s Lovers Key State Park will present weekly programs on park history and wildlife throughout the month of **November**.

All programs will take place at Lovers Key State Park and registration is required. The park offers many recreational opportunities to visitors with disabilities. For assistance or to register, contact the park office at 239-463-4588.

**November** programs include:

**1<sup>st</sup> November**

**Morning Yoga at the Gazebo**

**Monday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the South Beach Gazebo. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets*, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).

**3<sup>rd</sup> November**

**Morning Yoga at the Welcome and Discovery Center**

**Wednesday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the Welcome and Discovery Center. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets*, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).

**5<sup>th</sup> November**

**Walk on the Wild Side**

**Friday at 10:00 a.m.**

Join a park ranger for a guided hike along our Black Island Trail. Learn about the fascinating vegetation and wildlife that reside in our maritime hammock ecosystem, explore our native butterfly garden, and enjoy a little local history along the way. Closed toe shoes, bug spray, and

water bottles are highly recommended. Space is limited; reservations are required. *To register*, call 239-463-4588. Program is free with paid park entry.

### **5<sup>th</sup> November**

#### **The Sound of the Sea**

**Friday at 6:00 p.m.**

**FEES:** \$30 per participant, includes park entry fee

As a part of the Friends of Lovers Key's *What You See on the Land, Lands in the Sea* speaker series, this event welcomes acclaimed environmental writer, Cynthia Barnett, to discuss her latest work, *The Sound of the Sea: Seashells and the Fate of the Oceans*. In this new release, Barnett weaves together the cultural and environmental history of seashells to explore what they reveal about our past, present, and future ecological destiny. Space is limited; advance ticket purchase is required. *To purchase tickets*, visit [www.FriendsOfLoversKey.org](http://www.FriendsOfLoversKey.org).

### **8<sup>th</sup> November**

#### **Morning Yoga at the Gazebo**

**Monday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the South Beach Gazebo. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets*, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).

### **8<sup>th</sup> November**

#### **How Did They Get That Shot?**

**Monday at 10:00 a.m.**

**FEES:** \$45 per participant, includes park entry fee

As a part of Fort Myers photographer Carol Matthai's *Going Wild!* series, this beginner-to-intermediate photography class includes techniques for improving your photo's composition and storytelling, a nature walk through Lovers Key to practice your skills, and a final photo critique. Class open to camera and cell phone photographers. Space is limited; advance ticket purchase is required. *To purchase tickets*, visit [www.FriendsOfLoversKey.com](http://www.FriendsOfLoversKey.com).

### **9<sup>th</sup> November**

#### **Fishing Clinic**

**Tuesday at 10:00 a.m.**

Join park naturalists to learn a variety of tackle and fresh bait rigs, find out the best places to drop a line, and learn about the rules and regulations that pertain to game fishing in Southwest Florida. You might even learn a few of the "secrets" our local fishermen swear by. Space is limited; reservations are required. *To register*, call 239-463-4588. Program is free with paid park entry.

### **10<sup>th</sup> November**

**Morning Yoga at the Welcome and Discovery Center  
Wednesday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the Welcome and Discovery Center. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets*, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).

**10<sup>th</sup> November**

**The Amazing Gopher Tortoise**

**Wednesday at 12:00 p.m.**

As a part of Florida Master Naturalist Tony Mauriello's *Nature at Noon* series, this interpretive program will be an introduction to the amazing gopher tortoise. We will explore their unique characteristics, their habitat, and major issues facing these gentle and important creatures. Space is limited; reservations are required. *To register*, call 239-463-4588. Program is free with paid park entry.

**11<sup>th</sup> November**

**Veterans Day Yoga**

**Thursday at 4:30 p.m.**

Join a yoga instructor from the FMB Yoga Project for a gentle sunset yoga session to support the Wounded Warrior Project, an organization that supports veterans and service members who incurred an injury, illness, or wound while serving in the military on or after September 11, 2001. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Give yourself time to park and walk down to the beach. Space is limited; a donation of \$20 is suggested. All proceeds go to the Wounded Warrior Project. For more information, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).

**12<sup>th</sup> November**

**Walk on the Wild Side**

**Friday at 10:00 a.m.**

Join a park ranger for a guided hike along our Black Island Trail. Learn about the fascinating vegetation and wildlife that reside in our maritime hammock ecosystem, explore our native butterfly garden, and enjoy a little local history along the way. Closed toe shoes, bug spray, and water bottles are highly recommended. Space is limited; reservations are required. *To register*, call 239-463-4588. Program is free with paid park entry.

**15<sup>th</sup> November**

**Morning Yoga at the Gazebo**

**Monday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the South Beach Gazebo. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be

provided. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).*

**17<sup>th</sup> November**

**Morning Yoga at the Welcome and Discovery Center  
Wednesday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the Welcome and Discovery Center. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).*

**17<sup>th</sup> November**

**How Did They Get That Shot?  
Wednesday at 10:00 a.m.**

**FEES:** \$45 per participant, includes park entry fee

As a part of Fort Myers photographer Carol Matthai's *Going Wild!* series, this beginner-to-intermediate photography class includes techniques for improving your photo's composition and storytelling, a nature walk through Lovers Key to practice your skills, and a final photo critique. Class open to camera and cell phone photographers. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.FriendsOfLoversKey.com](http://www.FriendsOfLoversKey.com).*

**18<sup>th</sup> November**

**Beach N' Brews**

**Thursday at 6:00 p.m.**

**FEES:** \$50 for regular tickets, \$75 for VIP tickets. Both ticket options include park entry fees

Join us for a night of live music and fun on the beach featuring craft beer from local breweries and delicious treats from popular food trucks. Several local breweries will be in attendance including Riptide Brewing, Coastal Dayz Brewing, LaBelle Brewing, Islamorada Beer Company, Funky Buddha, Tampa Bay Brewing Company, Scotty's Bierwerks, Ankrolab, and Millennial Brewing. Food trucks on site will be The Doghouse and Cajun Gringos. Come choose your favorite beer for the People's Choice Award! Live music will be provided as well. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.FriendsOfLoversKey.org](http://www.FriendsOfLoversKey.org)*

**19<sup>th</sup> November**

**Walk on the Wild Side**

**Friday at 10:00 a.m.**

Join a park ranger for a guided hike along our Black Island Trail. Learn about the fascinating vegetation and wildlife that reside in our maritime hammock ecosystem, explore our native butterfly garden, and enjoy a little local history along the way. Closed toe shoes, bug spray, and

water bottles are highly recommended. Space is limited; reservations are required. *To register*, call 239-463-4588. Program is free with paid park entry.

**19<sup>th</sup> November**

**Full Moon Yoga**

**Friday at 4:00 p.m.**

**FEES:** \$20 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session for the full moon. This multilevel course is open to both beginners and experienced yogis alike.

Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Give yourself time to park and walk down to the beach. Space is limited;

advance ticket purchase is required. *To purchase tickets*, visit

[www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).

**20<sup>th</sup> November**

**Canvas Painting: Sand Dollar**

**Saturday at 10:30 a.m.**

**FEES:** \$35 per participant, includes park entry fees

As a part of Artist-In-Residence Jenny M. Licht's *Art in the Park* series, this art class centers on the sand dollar, a favorite among beach lovers. The black background provides an ideal contrasting background for this popular shoreline resident. All materials and expertise provided. Space is limited; advance ticket purchase is required.

*To purchase tickets*, visit [www.FriendsOfLoversKey.org](http://www.FriendsOfLoversKey.org).

**20<sup>th</sup> November**

**Nature Journaling Walk**

**Saturday at 1:00 p.m.**

As a part of Artist-In-Residence Jenny M. Licht's *Art in the Park* series, this nature journaling walk allows you to explore the flora and fauna of Lovers Key through the eyes of an artist, while also creating some sketches of your own. Free journals and pencils are provided. Space is limited; reservations are required. *To register*, call 239-463-4588.

Program is free with paid park entry.

**20<sup>th</sup> November**

**Nature Journaling Walk**

**Saturday at 2:00 p.m.**

As a part of Artist-In-Residence Jenny M. Licht's *Art in the Park* series, this nature journaling walk allows you to explore the flora and fauna of Lovers Key through the eyes of an artist, while also creating some sketches of your own. Free journals and pencils are provided. Space is limited; reservations are required. *To register*, call 239-463-4588.

Program is free with paid park entry.

**22<sup>nd</sup> November**

**Morning Yoga at the Gazebo**

**Monday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the South Beach Gazebo. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).*

**24<sup>th</sup> November**

**Morning Yoga at the Welcome and Discovery Center**

**Wednesday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the Welcome and Discovery Center. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).*

**24<sup>th</sup> November**

**Butterfly Gardening with Native Plants**

**Wednesday at 12:00 p.m.**

As a part of Florida Master Naturalist Tony Mauriello's *Nature at Noon* series, this interpretive program will be an introduction to native butterfly gardening. We will explore the benefits of a native butterfly garden, examples of both native host and nectar plants, and tips for starting your own garden. Space is limited; reservations are required. *To register, call 239-463-4588.* Program is free with paid park entry.

**26<sup>th</sup> November**

**Sensational Sharks**

**Friday at 10:00 a.m.**

Join a park ranger for an interesting and informative lecture on sharks, the ocean's most sensational residents. Discover why these awe-inspiring elasmobranchs are often misunderstood and feared by the public, what crucial role they play in our ecosystems, and what you can do to help protect them. Space is limited; reservations are required. *To register, call 239-463-4588.* Program is free with paid park entry.

**29<sup>th</sup> November**

**Morning Yoga at the Gazebo**

**Monday at 9:30 a.m.**

**FEES:** \$15 per participant, does not include park entry fees

Join a yoga instructor from the FMB Yoga Project for a relaxing Open Vinyasa Flow session at the South Beach Gazebo. This multilevel course is open to both beginners and experienced yogis alike. Bring a yoga mat, water, and any props you may need, as no equipment will be provided. Space is limited; advance ticket purchase is required. *To purchase tickets, visit [www.SabaMovementCenter.com](http://www.SabaMovementCenter.com).*

The programs will take place:

**November 2021**  
**Lovers Key State Park**  
**8700 Estero Blvd.**  
**Fort Myers Beach, Florida**